Volunteer Options
Volunteer Opportunities in Our Community

Risk factors for a juvenile might include having too much free time or spending time in places where “nothing good happens.” Some places termed as “Negative Space” by a former probation officer might be parks, malls, etc. These are places where you know if you see a young person there they are up to no good. The probation officer wants to move the juveniles towards a more positive space. When a juvenile goes to volunteer and serve the community it will help them to make new associations, gain skills, and have a more productive outlet for their time and energy.

Sometimes the juveniles are sentenced to a certain amount of community hours. They may be assigned somewhere to do their hours or they may have to find somewhere to do their own hours. This list can help a juvenile pick a place to do community service hours. Other times the juvenile may want to get fill spare time with worthwhile activities as a protective factor. Serving the community meets that desire.

There are many more places for youth volunteers. If somewhere the youth is interested in is not listed here, then make an inquiry. Beware that some places, such as the police department do not want any volunteers with a criminal history.

Some places to volunteer may be better suited for one gender than another.

Cans for Habitat

Turn cans into keys! Recycle and help an area family realize their dream of safe and affordable homeownership! Save your aluminum cans and drop them off at one of the following locations: Habitat ReStore at 340 South Orem Blvd., Orem (at this location, they also accept scrap metal, paper, phone books, and plastic bottles)
Western Metals Recycling at 1776 South Colorado Ave., Provo
MCR Recycling 550 North Geneva Road, Orem
This opportunity is sponsored by: Habitat For Humanity, Utah County

Catholic Charities

Basic Needs Services – Salt Lake City
- Serve lunch at the St. Vincent de Paul Dining Hall (Lunch is from 11:30a.m.–1:00p.m. Monday through Friday and on Saturdays from 10:00a.m.-11:00a.m.).
- Stock shelves and organize food at the St. Vincent de Paul Food Pantry.

http://www.ccsutah.org/volunteer/volunteer-opportunities
Centro Hispano

Centro Hispano serves the Spanish Speaking community. They have everything from Zumba classes to help with immigration information. They need volunteers who help with translation and babysitting during classes for the adults. This obviously would not be a good place for a sex offending juvenile to volunteer. See the web site for ongoing opportunities.


Community Action Food Bank

The Food Bank at Community Action Services and Food Bank serves over 6,000 clients in Utah, Summit, and Wasatch counties every month. Come help us serve our community and work to end poverty by sorting food, restocking shelves, and assembling food boxes for families.

There are always ways to serve at Community Action Services and Food Bank. Whether you’re an individual, business, church, or other group, we have ways that you can help make a difference.

The following projects can be completed on your own, but are especially effective if you have a group of people interested in serving. If you are interested in any of the following projects listed below and would like to schedule a volunteer time or learn more, please contact our volunteer coordinator by emailing VC@CommunityActionUC.org or by calling 801-373-8200 ext. 247.

Food Bank
Our food bank is always busy, especially during large food drives. Individuals that volunteer in the food bank may perform one of many important jobs. These may include: sorting cans, filling food boxes, stocking pantry shelves, etc. If you are interested in volunteering in the food bank, please contact our volunteer coordinator to schedule a time by emailing VC@CommunityActionUC.org or by calling 801-373-8200 ext. 247.

Specialty Kits
Many of the low-income families we serve lack some of the most basic necessities that others often take for granted. You can help families by collecting the items found in a specific kit and then compiling them. We will ensure that the kits are distributed to a family in need.

Monday through Friday 8 a.m. to 4:30 p.m.
Please call to schedule an appointment.
WHEN - It's flexible! We'll work with your schedule.

WHERE - 815 South Freedom Blvd
       Suite 100
       Provo, UT 84601

Friends in Need Animal Rescue/Sanctuary
Work with our Animals and learn about Animal Rescue

We have all types of animals that need your help. Duties from cleaning, grooming to training and adopting. We need volunteers of ages 12 and over. Come to our Sanctuary and learn about animals while you work with them.

Welcome to Friends In Need. We are a small independent animal rescue located in Eagle Mountain. Our goal is to take care of all those in need - some of our friends need a home, some need special medical attention. Our goals are to continue community and veterinary education and the welfare of all animals.

Mission Statement
As a no-kill animal sanctuary, Friends In Need is dedicated to ensuring the welfare of all animals. Through education, a strong network and community support, we are committed to finding all animals a safe and loving homes.

Must be at least 12
There is Orientation / Training

CONTACT - Kim O'Donnell
PHONE - 801-440-9931

WHEN - It's flexible! We'll work with your schedule.
WHERE - 5194 N. Lake Mtn. Rd. Eagle Mountain, UT 84005

Habitat for Humanity - Utah County

Construction

To sign up for a build shift, view our calendar of available opportunities by clicking on the Volunteer Up button above, then click "Sign Up" for the day you select. If you're a new volunteer, you'll need to register first (click Login). Construction volunteers must be at least 16 years old and 18 years old to use power tools. No experience is necessary.

Become a Regular

Volunteer as a member of our Site Host or Crew Leader team. Crew Leader trainings are held at 9:30 a.m. on the second Saturday of the month. Site Host trainings are held at 10:30 a.m. on the second Saturday of the month. Volunteers with weekday availability are especially needed!

- **Site Host** greet, check-in, organize and set up water and snacks for the volunteers, and watch for safety issues.
- **Crew Leaders** should have some construction experience, especially with power tools, and be able to lead small groups of 3-5 volunteers on their project during the shift.
Sign up online for the trainings using the Volunteer Up button on the web page.\footnote{https://mail.google.com/mail/u/0/?ui=2&shva=1#inbox}

### Nicodemus Wilderness Project

The Apprentice Ecologist Initiative\textsuperscript{TM} (officially recognized by the U.S. EPA) has engaged tens of thousands of young people (kids, teens, and college-age youth) from around the world in environmental cleanup and conservation projects since 1999. This program has received multiple awards from the City of Albuquerque, a "Best Community Impact" award from Eastern Kentucky University, and is featured on thousands of web sites. View recent Apprentice Ecologist Projects and past Apprentice Ecologist Awards to get ideas for your own environmental stewardship project. The goals of the Apprentice Ecologist Initiative\textsuperscript{TM} are to:
- Elevate youth into leadership roles by engaging them in environmental cleanup and conservation projects,
- Empower young people to rebuild the environmental and social well-being of our communities,
- Improve local living conditions for both citizens and wildlife through education, activism, and action.

**WHEN** - It's flexible! We'll work with your schedule.

**WHERE** - Nature areas in and around PROVO, UT 84601
   - Including around Utah Lake

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### Orem Community Hospital

Each year, men, women and teens provide thousands of hours in volunteer service at Orem Community Hospital.

If you are interested in becoming a volunteer, please call Volunteer Services at (801) 714-3073.

Volunteering opportunities available for 18+

**This opportunity is sponsored by: Orem Community Hospital**
Provo City Library

Circulation Department

Volunteers serving in the Circulation Department typically support the Library by washing books and sorting shelving carts. Many of our volunteers choose to volunteer in Circulation, as the department's hours are the most flexible of any other, open anytime the Library's doors are open to the public.

Technical Services Department

Attention to detail and exactness are needed for volunteers working in the Technical Services Department. Volunteers in this area spend their time preparing new Library materials for circulation and repairing damaged titles. Please note that most Technical Services volunteers are recruited from the current volunteer staff.

Children's Department

Volunteering in the Children's Department is mile-a-minute excitement. From supporting daily children's storytimes and after-school programs, to helping prepare materials for a special event, or even wearing a full-body character costume, volunteering in the Children's Department requires a high energy level and love for working with children. Volunteers working in the Children's Department, especially those supporting our storytimes and after-school programs, must be able to commit at least one hour per week to volunteering.

Teens Against Graffiti

It is unclear if the project still exists, but here is an article about it.


United Way

United way has a database of places that teens can volunteer their time in a constructive way. Please see http://www.unitedwayucv.org/provo/volunteer/search.tcl for more information.

http://www.provolibrary.com/volunteers
Women, Infants, and Children Program (WIC)

Volunteer Projects

Individual Volunteer Project

Project Description
Assist with archiving records, assembly of files, and other administrative duties.

Preferred Availability and Contact Person
Anytime clinic is open.
For Orem or North County, call Janice at 851-7343
For Provo or South County, call Crystal at 851-7318

Assist in preparing nutrition education, materials, and classes. A background in nutrition or dietetics preferred.

Contact Clinic Directors for possible times and projects.
Provo: 851-7316 Orem: 851-7344
South County: 851-7360 North County: 851-7320

Spanish language translation of documents.
Website design and artwork
General volunteer duties for a specific WIC Clinic

Contact Provo Clinic Director: 851-7316
Contact Provo Clinic Director: 851-7316
Contact Clinic you want to volunteer at:
Provo: 851-7316 Orem: 851-7343
South County: 851-7360 North County: 851-7320

Group Volunteer Projects

Project Description
WIC is in constant need of handmade baby quilts or burp cloths. If your group would be interested in making and providing these for our breastfeeding mothers, we would be very grateful.

Preferred Availability, Contact Person
Contact Breastfeeding Coordinator at 851-7317 for more information or to bring in your items.

Utah.gov

http://volunteer.truist.com/utah/volunteer/

This website allows a student or resident to search for local service activities to get involved with. There is a specific link to resources in Utah County. Also the juvenile can sign up for e-mail alerts on new volunteer opportunities.
Other web sites to look at:

**Utah - Help Your Neighbor**
http://www.utah.gov/neighbor/

**Volunteer Match**

**Volunteers of America - Utah**
http://www.voaut.org/

**The Center for Service and Learning at BYU**